

# back to netball

## at K2 crawley



would you like to get back into some non-competitive netball?

'Back to netball' sessions are coach led and cover basic skill development and court play. The emphasis is on getting active, learning new skills and having fun playing netball with friends. Whether it is about rediscovering sporting abilities or about getting active again, these sessions cater for all abilities.

All equipment is provided - just bring your enthusiasm and a bottle of water!

- **wednesdays 6.00 - 7.00pm**
- **K2 crawley sports hall**
- **ages 16yrs+**
- **£30 per 10 week term or £3.50 per week**



call **01293 585 300** to book in advance (places are limited)

or for more information, please contact Dave Downey,  
Community Sports Development Officer:  
[dave.downey@freedom-leisure.co.uk](mailto:dave.downey@freedom-leisure.co.uk) or 01293 585 367

