

Volunteers needed



- Are you passionate about helping people with disabilities?
- Do you enjoy getting involved?
- Do you want to be part of something engaging and inclusive?

Moving Barriers could be exactly what you're looking for. The session runs on Fridays 6-7pm at K2 Crawley.

- We are currently looking for volunteers aged 16+ to help deliver weekly sessions with Moving Barriers, a disability sports and activity club for ages 5-16.
- This is a chance to develop new skills, meet new people and make a difference
- For more information, and to get involved, contact the Crawley Wellbeing Team on **01293 585350** or email **wellbeing@crawley.gov.uk**



HAVE FUN!

DEVELOP NEW SKILLS

MAKE A DIFFERENCE

crawley wellbeing

